

# Health Care for People Without Insurance in Toronto

There are health care services throughout Toronto, even if you do not have medical insurance. Toronto is a Solidarity City, meaning no one can ask information regarding immigration status when accessing city services. Also, in an emergency, you cannot be refused service at the hospital, even without a health card. In this case, the hospital will present you with a bill. Prices vary between hospitals. If you are able, speak with the diversity or equity office to negotiate paying as an Ontario resident without insurance.

If you cannot pay, the hospital will pass the bill on to a collection agency. If possible, it is better to negotiate with the hospital before this happens. For a fee you can also access walk-in health care services. These clinics do not offer appointments, but on average cost \$60/visit and have variable hours.

For free services available without insurance, there are Community Health Centres [CHCs] throughout the city.
They offer various programs, language translation, and in each centre, you can visit with a doctor or nurse, have tests, and receive referrals. Most of these clinics serve a specific neighbourhood and you must live in the area to access services. Please see the map of catchment areas for the neighbourhoods served by each centre. CHCs in Toronto that welcome people without insurance include:

# A. Davenport Perth CHC:

1900 Davenport Rd.; (416)658-6812

## **B. East End CHC:**

1619 Queen St. E.; (416)778-5858

#### **C.Flemingdon CHC:**

10 Gateway Blvd.; (416)429-4991

#### D. Parkdale CHC:

1229 Queen St. W.; (416)537-2455

### E. Queen West CHC:

168 Bathurst St.; (416)703-8482

#### F. Regent Park CHC:

465 Dundas St. E.; (416)364-2261

#### G. Rexdale CHC:

8 Taber Rd.; (416)744-0066

# H. Sherbourne Health Centre:

333 Sherbourne St.; (416)324-4180

#### I. South Riverdale CHC:

955 Queen St. E.; (416)461-2494

Free clinics without a catchment area:

**J. Muslim Welfare Centre**: Clinic operates at a different time, on a different day each week; 100 McLevine Ave, Ste. 4, Scarborough; (416)754-8116

K. The Scarborough Clinic for the Uninsured: Walk-in only, Tuesday and Thursday 5:00-8:30pm; 1127 Markham Rd.

**L. Shout Clinic:** For youth 16-24 years old, living on the street; 168 Bathurst St.; (416)703-8482

M. Welcome Medical Clinic: By appointment only, no translation services; 790 Burnhamthorpe W, Unit 4, Mississauga; (647)200-3353

# N. West End Noninsured Walk-In Clinic: Walk-in only, Monday 4:00-7:30pm & Wednesday 1:00-4:30pm; 761 Jane St.,

second floor; provides prenatal care

O. Women's Health in Women's Hands:

For women identifying as Native, South Asian, Latin American, Caribbean, or African; 2 Carlton St., Ste. 500; (416) 593-7655 ext. 7

Please see maps for clinic locations and catchment areas. Each clinic can be found using the letter beside its listing.

Updated April 2014. Migration as a Social Determinant of Health. <a href="www.migrationhealth.ca">www.migrationhealth.ca</a> Thanks to Health For All for listing information and Sandra Godoy for translation services.

# Toronto Community Health Centres (CHCs) Serving People Without Insurance



- A. Davenport-Perth CHC\*
- B. East End CHC\*
- C. Flemingdon CHC\*
- D. Parkdale CHC\*
- E. Queen West CHC\*
- F. Regent Park CHC\*
- G. Rexdale CHC\*
- H. Sherbourne Health Centre\*
- I. South Riverdale CHC\*
- J. Muslim Welfare Centre
- K. The Scarborough Clinic for the Uninsured
- L. Shout Clinic (at Queen West CHC)
- M. Welcome Medical Clinic
- N. West End Non-Insured Walk-In Clinic
- O. Women's Health in Women's Hands

<sup>\*</sup>requires client to reside in specific catchment area, as illustrated on map

There are also **free sexual health clinics** run by the city that do not require insurance or OHIP. They can help with: STD & HIV tests and treatment, birth control, pregnancy testing and counseling, sexuality and relationship counseling. You can also call the AIDS and Sexual Health Infoline toll free: 1-800-668-2437. This help line is anonymous, free and offers information in different languages.

The following are free **sexual health** clinics, please find each clinic on the map by its corresponding letter:

- **A. Birth Control and Sexual Health Centre:** By appointment only, weekdays late afternoon; 960 Lawrence Ave. W.; (416) 789-4541\*
- B. Black Creek Community Health Centre: By appointment on Tuesday 3:00-4:00pm, walk-in on Tuesday 4:00-6:00pm; 2202 Jane St.; & 1 York Gate Blvd.; (416)246-2388 C. Crossways Clinic: Drop-in on Monday 9:30am-12:00 & 2:00-6:30pm, Tuesday 1:00-5:30pm, Wednesday 9:30-11:30am & 1:00-3:30pm, Thursday 12:00-4:00pm, Friday 9:30am-12:00; 2340 Dundas St.; (416) 392-0999
- **D. The Gate at Flemingdon Health Centre:** Drop-in Monday & Thursday 3:00-5:00pm; 10 Gateway Blvd.; (416)429-4991
- E. Hassle Free Clinic: Men & trans drop-in Monday & Wednesday 4:00-8:00pm; Women & trans drop-in Monday, Wednesday & Friday 10:00am-12:00, and by appointment Mon, Wed, Fri 10:00am-3:00pm & Tues, Thurs 6:00-8:00pm; 66 Gerrard St. E; (416) 922-0566\*
- F. Immigrant Women's Health Centre: Drop-in Monday & Tuesday 10:00am-6:00pm, Wednesday 2:00-8:00pm, Thursday 10:00am-2:00pm; 489 College St., Ste. 200; (416)323-9986

- **G. The Jane St. Clinic:** Drop-in Tuesday 1:00-5:30pm, Wednesday 2:00-6:30pm, Thursday 9:30-11:30am & 1:00-4:00pm; 662 Jane St.; (416)338-7272\*
- **H. Rexdale Community Health Centre:** By appointment, Wednesday 1:30-5:30pm; 8 Taber Rd.; (416)744-0066\*
- I. Rexdale Youth Resource Centre: For youth 28 years or younger; By appointment, Thursday 2:45-5:30pm; 1530 Albion Rd.; (416)741-8714\*
- **J. Special Treatment Clinic:** Drop-in Tuesday, Wednesday & Thursday 5:00-7:00pm; 790 Bay St., 8th floor; (416) 351-3800 ext.2207
- **K. Taibu Community Health Centre:** By appointment Tuesday 2:30-6:30pm; 27 Tapscott Rd.; (416)644-3536
- **L. The Talk Shop:** Drop-in Monday & Thursday 2:00-6:30pm, Wednesday 9:30-11:30am & 1:00-3:30pm; 5110 Yonge St.; (416)338-7000\*

\*offers anonymous HIV testing

For additional resources, please see Toronto Community Services Resource Guide for Non-Status Immigrants, offered in multiple languages at: <a href="http://www.migrationhealth.ca/undocumented-workers-ontario/additional-resources">http://www.migrationhealth.ca/undocumented-workers-ontario/additional-resources</a>

#### Free Sexual Health Clinics in Toronto



- A. Birth Control and Sexual Health Centre
- **B. Black Creek CHC**
- C. Crossways Clinic
- D. The Gate at Flemingdon CHC
- E. Hassle Free Clinic
- F. Immigrant Women's Health Centre
- G. The Jane St. Clinic
- H. Rexdale CHC
- I. Rexdale Youth Resource Centre
- J. Special Treatment Clinic
- K. Taibu CHC
- L. The Talk Shop