North of the Danforth Research Project

Healthcare and Dentistry

THE NODA ("NORTH OF DANFORTH") RESEARCH PROJECT

- South Riverdale Community Health Centre, Massey Centre for Women, and WoodGreen Community Services spoke to residents in the Pape Village / Broadview North area to learn what types of health and social services are needed in the community.
- Residents spoke about their needs for primary healthcare and dentistry, childcare, child and youth programs, public space for communitybuilding, financial supports, and food and nutrition programs.

PRIMARY HEALTHCARE

- Most people living in this neighbourhood have a family doctor. However, it is often difficult to see the family doctor due to location, travel time, and the wait to get an appointment.
- Many residents are visiting a walk-in clinic when they have small, immediate health problems, because it is close and convenient.
- Residents feel that the neighbourhood needs more family doctors and more walk-in clinics.
 Another possibility is to improve access to nurse practitioners and other complementary healthcare workers.
- Some residents that are learning English struggle with finding health services in their first language. Some also have difficulties finding culturally appropriate services. This neighbour-

hood needs more language translation and culturally appropriate services.

DENTISTRY

- Many residents said that the neighbourhood needs more dentists.
- Dental care is not usually covered by OHIP, and can be very expensive.
- Toronto Public Health offers free and low-cost dental services in many languages to low-income people living in Toronto. However, people living in the neighbourhood may not know about this service.

Where Can I Find Health and Dental Care?

PRIMARY HEALTHCARE

- Albany Medical Clinic
 - 807 Broadview Ave., by Danforth Ave.
 - http://www.albanyclinic.ca/mstaff/gp.htm or call (416) 461-9471.
 - Because there are approximately 30 family doctors at Albany, there is often 1 or more that will take new patients. Many of the doctors speak a second language.
- South Riverdale Community Health Centre
 - 955 Queen St. East, by Carlaw Ave.
 - http://www.srchc.ca/ or call (416) 461-2493.
 - Doctors, nurse practitioners, and other healthcare workers are on staff. Free services for people

without OHIP health coverage.

- Doctor Search at College of Physicians and Surgeons of Ontario
 - Go to http://www.cpso.on.ca/ and click on "Doctor Search".
 - Doctors can be searched by location, language, gender, and type of practice.

DENTAL CARE

- Toronto Public Health Dental Care
 - 235 Danforth Ave., between Broadview Ave. and Chester Ave. is the closest clinic to the Pape Village / Broadview North neighbourhood. There are 21 clinics in Toronto.
 - http://www.toronto.ca/health/dental/index.htm or call (416) 392-0934
 - Free and low-cost dental care for low-income children, teenagers, and seniors. Book an appointment to learn about eligibility. Language translation available.
- Organizations offering lower cost dental care
 - http://www.toronto.ca/health/dental/ds_low_ cost.htm
 - Call individual organizations for information about eligibility, cost, etc.
- Find a Dentist at Ontario Dental Association
 - Go to http://www.oda.on.ca/ and click on "Find

a Dentist".

• Dentists can be searched by location. This will include dentists charging full fees.

OTHER HEALTH SERVICES IN THE NEIGHBOURHOOD

- South Riverdale Community Health Centre Diabetes Management
 - English-language classes run regularly at Albany Medical Clinic (Broadview Ave & Danforth Ave). If interested, please ask about hosting classes at your location.
 - http://srchc.ca/ or call (416) 461-1925
 - Learn about healthy eating, insulin and medication, foot care, and more. Childcare and TTC tickets can be provided if asked for early.
- Alternatives: East York Mental Health Counselling Services
 - 1245 Danforth Ave., by Greenwood Ave.
 - http://www.alternativestoronto.org/ or call (416) 285-7996
 - Alternatives offers mental health supports, including one-on-one counselling, for adults. Services can be offered in Urdu/Hindi, Gujarati, and Farsi/Dari.

For a directory of over 20,000 community, social, health and government services, please visit www.211Toronto.ca.

The NODA research project's report is titled "From Neighbourhood to Community: Health and Social Supports North of the Danforth." The full report and executive summary can both be found on the websites of South Riverdale Community Health Centre, Massey Centre for Women, WoodGreen Community Services, and the Wellesley Institute.

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