**Individual**
Personal experiences, knowledge, attitudes, self-concept and behaviours.

**Interpersonal**
Relationships with others. Formal and informal social networks including family, colleagues and friendships.

**Community**
Interaction between organizations and networks at the local level or within cultural/ethnic groups.

**Institutional**
Institutions and organizations. The formal and informal rules for operations.

**Systems**
Sectors of influence including governments, health care systems and industries.