

#### PRENATAL & INFANCY

## Ensuring Babies Health

The dependency of baby and newborn health on mothers, guardians, and families means it is critical to support development and provide care in this stage.



### What we are looking at

- Birth weight
- 18 month check-up
- Support for new parents

#### EARLY CHILDHOOD

## Happy, Healthy & Growing Children

In the early years children are growing and sensitive to their environment, and enriching, attentive care for children and their families will help support a positive developmental trajectory.



### What we are looking at

- Social and emotional development
- Language and literacy development
- Opportunities for family engagement
- Physical health and well-being

#### MIDDLE CHILDHOOD

## Supporting Healthy Development

The transition to grade school is a new landscape for children and families to navigate, therefore supporting social, emotional, and physical development is vital.



### What we are looking at

- Academic achievement
- Immunization
- Extra-curricular involvement

#### ADOLESCENCE

## Growing Up & Exploring Avenues

A changing social environment, alongside potential challenges of puberty, makes adolescence a key transitional stage, especially as they look to claim their independence and develop a sense of identity.



### What we are looking at

- Mental and emotional well-being
- Sense of belonging
- Secondary school success

#### YOUNG ADULTHOOD

## Transitioning into Adulthood

Supporting youth as they make the jump to adulthood and into their career creates the foundation for success and is important as they age out of the system of youth services.



### What we are looking at

- Post-secondary education
- Sense of belonging
- Transitional support